

- To laugh often and love much;
- To win the respect of intelligent persons and the affection of children;
- To earn the approbation of honest citizens and endure the betrayal of false friends;
- To appreciate beauty;
- To find the best in others;
- To give of one's self;
- To leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition;
- To have played and laughed with enthusiasm and sung with exultation;
- To know even one life has breathed easier because you have lived—this is to have succeeded.

Ralph Waldo Emerson
(1803–1882)



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Consultants, Inc.*

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HELP

FOR THOSE WHO

HURT

Can You Survive Losing Someone You Love?

Answering this question can be difficult. It forces an individual to examine their own personal feelings, values and priorities. However, this process is what we call grief and is our natural reaction to loss, especially the death of a significant person in our lives.

Taking the time to learn about death and working through your own grief can improve the quality of your life.

We Are Here For You...

Our funeral home has made a commitment to meet the needs of our families as they deal with the enormous pain associated with loss. As a part of our services to you, the staff of Maximum Living has joined with us to assist in our bereavement support efforts.

In the next few days, you will be receiving from Maximum Living a complimentary book and letter directing you towards help for your pain from resources within the community. Our goal is to assist you in the most meaningful way possible.

You Are Not Alone...

Beginning the grief process can be a lonely and confusing time. Some of the feeling you might encounter could be:

- Guilt
- Loneliness
- Despair
- Fatigue
- Poor Concentration
- Anger
- Abandonment
- Anxiousness
- Emptiness
- Lack of Trust

Chances are, there is someone else out there with those same feelings. Our funeral home believes that "there is strength in collective grief."

It is in the spirit of support and service that we make available to the community a Grief Support Group. This valuable resource meets on a regular basis and can be a source of great comfort to you and your family.

Our staff is available to provide you with additional details on where and when these meetings take place.

THIS SERVICE PROVIDED BY:

Coats

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